Stanford Children's Health Lucile Packard Children's Hospital Stanford Lucile Salter Packard Children's Hospital STANFORD UNIVERSITY MEDICAL CENTER • 725 Welch Road, Palo Alto, CA 94304 Questionnaire • Well Child Check 3 Years

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Date of Birth

## Well Child Check: 3 year visit questionnaire

## **Interval History:**

Has your child had any major illnesses, ER or Urgent Care trips since			
your last appointment in the office?	No	Yes	
Has your child had any reactions to vaccinations in the past?	No	Yes	
Development			
<b>Development:</b> Can your child kick a ball? Jump off the ground?	Yes	No	
Can your child pedal a tricycle?	Yes	No	Unsure
Does your child speak in sentences (3 words or more)?	Yes	No	
Does your child use plurals (cars, balls, etc)?	Yes	No	
Does your child understand concepts such as cold, tired, hungry?	Yes	No	
Is your child's speech at least 50% understandable to most people?	Yes	No	
Does your child know his/her name, age and gender?	Yes	No	
Does your child start to say the ABC's?	Yes	No	
Does your child identify several colors?	Yes	No	
Can your child help with getting him/herself dressed, brushing teeth?	Yes	No	
Does your child alternate feet when walking up the stairs?	Yes	No	
Can your child copy a circle and a cross (+)?	Yes	No	
Is your child potty trained?	Yes	No	
Do you and your child read together daily?	Yes	No	
Do you have concerns about how your child sees?	No	Yes	
Do you have concerns about how your child hears?	No	Yes	
Do you have concerns about how your child speaks?	No	Yes	
Dental Health:			
Do you help your child brush and floss his/her teeth daily?	Yes	No	
Does your child have a dentist?	Yes	No	
Does your child's primary water source contain fluoride?	Yes	No	Unsure
If no, do you give your child a fluoride supplement?	Yes	No	N/A

## Staying Healthy/Safety/Tobacco Exposure:

Does your child watch TV/play video games or use a tablet or smart phone more than 2 hours per day? No Yes

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Does your home have a working smoke detector?	Yes	s No	
Have you turned your water temperature down to low-warm			
(less than 120 degrees)?	Yes	s No	N/A
If your home has more than one floor, do you have safety guards	on the		
windows?	Yes	s No	N/A
Does your home have cleaning supplies/medicines/matches locked	d away? Yes	s No	
Does your home have the number of the Poison Control Center			
(800-222-1222) posted by your phone?	Yes	s No	
Do you always stay with your child when she/he is in the bathtub?	? Yes	s No	
Do you and your child spend time near water (pool, river or lake)	? No	Yes	
If so, is your child always safely supervised?	Yes	s No	N/A
Do you use sunscreen when your child is outdoors?	Yes	s No	
Do you always place your child in a car seat in the back seat?	Yes	s No	
Is your car seat the right one for the age and size of your child?	Yes	s No	
Do you always check for children before backing your car out?	Yes	s No	
Does your child spend time in a home where a gun is kept?	No	Yes	Skip
If so, are all guns safely stored in a gun safe or locked			
with ammunition separate from gun?	Yes	s No	N/A
Does your child wear a helmet when riding a tricycle, bike or scoo	oter? Yes	s No	N/A
Has your child ever witnessed or been a victim of abuse or violence	ce? No	Yes	
Does your child spend time with anyone who smokes?	No	Yes	
<b>Risk Assessment for Lead Exposure</b> : Does your child live in or regularly visit a house or child care faci	lity		
built before 1950?	No	Yes	
Does your child live in or regularly visit a house or child care faci	lity		
built before 1978 that is being or has recently been renova	ated or		
remodeled (within the last 6 months)?	No	Yes	
Does your child have a sibling or playmate who has or did have			
lead poisoning?	No	Yes	
Does your child take any imported remedies or supplements?	No	Yes	

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Tuberculosis Screening:	Date of Birth
Was your child born in a country with an elevated TB rate? This includes all countries <i>other than</i> the United States, Car Australia, New Zealand, or countries in western or northern	
Has your child visited or lived in a country with an elevated TB <i>for one month or more</i> ? (Countries other than those listed a	
Has your child had contact with someone (including family men provider, or other caretaker) with known TB infection, or w treated for TB infection?	
Is your child immunosuppressed (currently or planned)? This includes HIV infection, organ transplant recipient, othe system problems, or treatment with immunosuppressive med	
Sleep:	
How many hours does your child sleep at night?	hours
How many hours does your child nap throughout the day?	hours
Nutrition/Physical Activity:	
What type of milk do you give your child? (circle one) [Whol	e] [2% ] [Nonfat] [Other]
How many ounces of milk does your child drink per day?	OZ
How much juice does your child drink in 24 hours?	OZ
Is your child eating fruits and vegetables at least two times per d	ay? Yes No
Does your child drink or eat 3 servings of calcium-rich foods da	ıly,
such as milk, soy milk, cheese, yogurt, or tofu?	Yes No
Does your child eat junk foods such as chips, fries, ice cream or	fast food
more than twice per week?	No Yes
Does your child drink soda, sports drinks, energy drinks or	
other sweetened drinks more than once per week?	No Yes
Does your child eat iron rich foods (such as meat, eggs,	
iron-fortified cereals or beans)?	Yes No
Do you have trouble affording to buy food for your family?	No Yes
Does your child play actively most days of the week?	Yes No
Do you have any concerns about your child's weight or feeding?	No Yes
Elimination:	
Does your child have bowel movements on a regular basis with	

a normal (soft) consistency?

Yes

No

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				Date of Birth		
Please list any medication	s or suppleme	ents your ch	ild is taking:			
Who lives in the home with	th your child?	?				
who provides daytine car	e for your en	iiu :				
Please list any new major	family medic	al issues:				
Please list any known alle	rgies to medi	cines:				
Please list any known food	a allergies:					
provider?					n you would like to discuss with y	our
Parent or Guardian Sign						
Clinic Use Only	Counseled	Referred	Anticipatory	Follow-up	Comments:	
			Guidance	Ordered		
□ Nutrition						
Safety						
Tobacco Exposure     Develop Activity						
<ul><li>Physical Activity</li><li>Dental Health</li></ul>					☐ Patient Declined the S	
PCP's Signature Print Name:			Date:			

Ver.12-12-17