

Referral Algorithm for Suspected or Confirmed Autism (Children 0-3)

Initiate a dual referral through both the patient's **Insurance Carrier** as well as to the **Regional Center**; patient can receive services from more than one agency. Services include diagnosis and treatment.

Medi-Cal Managed Care

Alameda Alliance
for Health

Anthem Blue Cross

Contra Costa
Health Plan

Beacon:
855-856-0577

Intake Team:
888-831-2246
Choose ABA
option: #1 and
then benefits: #2.
Ask for interpreter
for non-English
speakers.

ABCD Clinic:
assessment
& delivery
of services
(if eligible)
925-370-
5635

Provider insurance letter and autism resources are included for your reference.

Non Medi-Cal HMO/PPO

Use provider insurance letter
and autism resources provided
with this algorithm

Help Me Grow

Alameda County:
Phone: 888-510-1211
Fax: 510-927-3117
Contra Costa County:
Phone: 211
Fax: 925-939-1933

Refer families who would like support
navigating systems, such as insurance
and regional center (or school
district), and/or who are interested in
being linked to other services.

Regional Center East Bay

For children with significant delay(s) in one
or more areas. Program will establish
whether child is eligible as:

(1) at-risk; (2) established risk; or (3)
developmentally delayed.

RCEB will provide services at no cost which
are not covered by insurance or available
through community agencies.

Eligibility/intake: 510-618-6195

Pediatric providers can send RCEB referral
form for Early Intervention Services. They
should include all pertinent medical
records, a completed screen if available
and document date that this packet was
sent. Ask parents for consent to share back
information from Regional Center and sign
referral form.

Referral Algorithm for Suspected or Confirmed Autism (Children 3+)

Insurance carrier: refer to page 1 for same procedure

School District (3-22)

Children with autism may be eligible for services under autism like behavior, speech/language impairment, severe emotional disability or other health impaired.

Special Education

Children receive services under IDEA that meet documented educational needs and identified services are recorded in individual Education Plan (IEP) document.

Services that may be provided:

- Autism related services
- Assistive technology
- Inclusion support in regular classroom
- Occupational therapy
- Speech Therapy
- Physical Therapy

Get the name and direct phone line for the assigned person in your local school district who handles Special Education and Section 504 referrals. (May be different people and may change annually.) Schedule one to two month follow-up visit with family. May use ACMHP referral pad.

Section 504

Children with autism may be eligible for accommodations, ie. extended time on tests. Documentation of disabling condition usually comes from pediatric provider.

Regional Center East Bay

Children stay with RCEB if child is determined to be eligible by the program based on diagnosis of Intellectual Disability, Autism, or substantially disabling diagnosis. RCEB provides additional services such as respite, other support or treatment services if insurance has been sought and denied.

Intake: 510-618-6100

Send the completed referral form for "over 3" services. Include all pertinent medical records including any screening form if available that indicate developmental needs and document date that packet was sent.

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Help Me Grow (0-5)

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